

**WORLD SPEED ROPE JUMP CONTEST
CONTEST RULES**

RULES OF SPEED CONTEST -- BLOOMER ROPE JUMP FINALS:

- 1.) Rope used must be 1/4 inch manila rope. Taped ends or handles are not permitted. No tape or weight in the center of the rope. Rope is not to be treated or dipped in any type of paint or solution to add weight.
- 2.) Each student will jump for a 10-second period of time. They will receive 1 point for each time the rope passes under their feet. Double or more jumping is not allowed.
Each student will have two tries and the highest score of the two will be their score. If the rope catches, the count continues on from the number of jumps made before the catch, the clock will not be stopped. Contestants are allowed a maximum of 30 seconds between their two tries.
- 3.) The Judges have the right to restart any jump during which they lose count on the timer.
- 4.) Gloves will not be allowed to be worn during the competition.
- 5.) In the event of a tie during any level of the contest, each contestant involved in the tie will be required to rejump up to two additional times. If a tie remains, the jump will be considered official and both will be declared winners in that category.
- 6.) No double or more jumping.

ENTRIES:

- 1.) No more than two participants from any one school may enter in any one of the categories. You may opt to enter each school separately, but then you must have entries for each grade in that school. You cannot enter one school separately from the rest of your district. It **MUST** be either each school separately or your district as a whole.
(In the event of a tie in any category a Jump Off must be held at your school until there is just winner as you are only allowed one first place and one second place winner in each category to come to the finals.)
- 2.) Age groups and categories for Speed Rope Jump Championship (boys-girls):
 - a. Grade 1 and 2,
 - b. Grade 3 and 4,
 - c. Grade 5 and 6,
 - d. Grade 7 and 8,
 - e. High School and Adult.

All of these groups will be strictly the ten-second speed jump. Trophies will be awarded to the 1st and 2nd place winner in each division, both boys and girls. Medallions will be presented to all finalists.

FINALS:

The top five jumpers in each category will advance to the evening competition. (Five boys and five girls in each category.)

COMPETITIVE ROPE JUMPING:

Each student entering the contest will receive a patch signifying that he/she has competed in the Bloomer contest. Entries must be received by Friday January 21, 2011. Please note this in your curriculum.....Thank You!